

[資 料]

保険薬局における代替調剤による後発医薬品の変更可能性と患者希望調査 Research of the Possibility of Substitution Dispensation at Insurance Pharmacies and the Tendency of Patients' Request for Generic Medicines

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Summary :

Objective : We researched the ratio of prescriptions that could be substituted by generic medicines. Furthermore, we investigated the relationship between patients' request for substitution dispensation and age and payment.

Methods : We included the prescriptions that were submitted to pharmacies subject to our research from January 2009 to June 2009. We calculated the ratio of feasible substitution dispensation among these prescriptions. If substitution by generic medicines was feasible, we inquired whether or not the patients requested substitution dispensation. Furthermore, we investigated the correlation between the rate of substitution request and age and payment.

Results : The percentage of prescriptions that were allowed for substitution dispensation was 45.5%. Among these prescriptions, 59.4% could be actually substituted by generic medicines. Furthermore, in 56.8% of these prescriptions, requests were made for substitution dispensation. The ratio of patients' request for substitution dispensation did not differ substantially among ages in men; on the other hand, a negative relationship was observed in women. The correlation between request and the reduction in payment because of the substitution by generic medicines was stronger in women than in men.

Key words : substitution dispensation, pharmacy, patients, request, generic medicine

要旨 : (目的) 代替調剤により後発医薬品変更可能な処方せんの比率を調査し, さらにそのうち患者希望率と年代や自己負担額との相関関係を調査した.

(方法) 調査対象の薬局の2009年1月から6月までに応需した処方せんを対象にした. このうち, 実際に後発医薬品に変更可能な処方せん比率を算出した. 後発医薬品に変更可能な場合には, すべてに後発医薬品への変更を希望するか否かを訊ねた. さらに変更希望率と年代と支払い金額の間の相関を調べた.

(結果) 期間中変更可の処方せんは45.5%で, このうち実際に変更可能な処方せんは59.4%であった. さらに, このうち56.8%に患者希望があった.

変更希望率は, 男性は年代により大きな差はなかったが, 女性は年代が高くなるほど変更希望率が下がる傾向にあった. 変更希望率と後発医薬品変更による支払額の減少との間には, 男性より女性の相関が強い結果となった.

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